



## A Letter from the President

July/August 2017

Summer is a time when many people think “vacation,” and rightfully so.

But summer 2017 also represents a time for KCVMA members to build on the momentum created in the spring. A quick recap: We enjoyed a great turnout at the April and May continuing education events; we did important volunteer work at Harvesters on May 6; and then had another strong turnout for our fun May 20th event at the T-Bones game. We sure had a productive and active spring!

Now to look ahead to this summer and fall. See page 5 for a full description on our July CE event, and, of course, don't forget to register (early registration ends July 12) for CVC Kansas City in late August (see below for more information). Before CVC Kansas City, our August CE seminar is tentatively scheduled to cover anesthesia in the aging animal.

Our September and October CE events will focus on the business aspects of your practices. In September, Fritz Wood, a renowned national speaker on business topics will address the KCVMA.

In October, Ron Cott, a familiar face to many of us from his days as an associate dean at the MU veterinary school, will also instruct about the business part of our businesses.

Then, on Sunday, Nov. 12, KCVMA will conduct its annual morning/afternoon session. This time the topics will be internal medicine, diagnostics and infectious diseases. Please save the date, and don't worry Chiefs fans, the team is on its bye week that day.

Have a nice summer, and let's keep that momentum rolling!

**Todd Taylor, DVM**

President - ttaylor@kcvma.com



Go to  
[www.thecvc.com/cvc-kansas-city/](http://www.thecvc.com/cvc-kansas-city/)  
for more information  
and to register.

## Time to Register for CVC Kansas City

Be sure to register for CVC Kansas City to be held from Aug. 25 to Aug. 28. The meetings will be located at the Kansas City Convention & Entertainment Centers, 301 W. 13th St., Kansas City, MO 64105. Early registration ends Wednesday, July 12.

The 2017 Kansas City program has been submitted – but not yet approved – for a maximum of 36 hours of credit for veterinarians in full attendance and 29 hours of credit for technicians over four days in jurisdiction that recognize AAVSB's RACE approval.

General four-day attendance earns veterinarians 29 hours of CE and technicians 29 hours of CE without purchasing any Clinical Techniques Courses or Ask the Expert luncheons.

## New Online Registration Option for License Renewal in Kansas

BY: TAD COLES

On May 10, 2017 Jay Hedrick, DVM, the Kansas Board of Veterinary Examiners Executive Director, sent an email to practicing veterinarians in Kansas to announce a new online registration option for license renewal. The online process requires completion of all required fields, but “N/A” can be used so relief and house call practitioners who may not have premise information can still register online. Premise registrations include an inspection fee of \$75, which makes the total for a registered premise \$125 (\$50 registration + \$75 inspection). The veterinary license renewal fee remains the same at \$95. The email from Hedrick provided notification that the late fee for renewals postmarked after June 30, 2017, will increase this year. The late fee was \$50 previously, but will be \$100 henceforth. The online process for license renewal <https://www.kansas.gov/ssrv-kanpayxpr/welcome/services/KBVE/KFKBVETE19/additionalInformation.html> and premise registration renewal <https://www.kansas.gov/ssrv-kanpayxpr/welcome/services/KBVE/KFKBVETE13/additionalInformation.html> is available now and includes a \$4 convenience fee for each financial transaction. Remember, regardless of the option, online or paper via postal service, Kansas veterinarians must complete the process on time or a late fee will be assessed.

## New VFD App Available

BY: STEVE BUCKNER

MFA Inc. has created a new Veterinary Feed Directive app to simplify the record-keeping process for veterinarians working with mandated VFD forms.

The app is available through the Missouri Veterinary Medical Association. To access the app online, go to the MVMA website at: <https://movma.site-ym.com/page/WebinarsVFD>

The app was featured in an article in the May 2017 issue of MFA’s “Today’s Farmer” magazine. The article, written by Allison Jenkins, is available online at: [todaysfarmermagazine.com/mag/1300-making-medicine-mobile](http://todaysfarmermagazine.com/mag/1300-making-medicine-mobile)

The article details how the VetForms app enables veterinarians to create and submit VFD forms using mobile devices such as smartphones or tablets. It also features a library of resources for veterinarians.



## Dr. William Luke Fry: 1952 - 2017



KCVMA member Dr. William Luke Fry passed away April 30, 2017. Luke was born in Hutchison, KS and a graduate of Kansas State University. He worked most of his life in the Kansas City area. A scholarship memorial has been setup at [www.found.ksu.edu/give/LukeFry#sthash.gOTRRy4.dpuf](http://www.found.ksu.edu/give/LukeFry#sthash.gOTRRy4.dpuf) if you would like to donate. To learn more about Dr. Fry, please visit [www.legacy.com/obituaries/kansascity/obituary.aspx?pid=185317221](http://www.legacy.com/obituaries/kansascity/obituary.aspx?pid=185317221)

## KCVMA Donates Another Oxygen Mask

BY: STEVE BUCKNER

The Kansas City Veterinary Medicine Association has donated another oxygen mask kit to a local fire department. The recent donation was given to Mike Johnson, assistant chief of the Sni Valley Fire Protection District in Oak Grove, Mo. The kit features two sizes of masks for dogs and one for cats.



# Stop-Breathe-Observe-Act

BY: DR. TAD COLES

As I'm going through the day there are times when it becomes apparent that I need to slow down. This shows up in a variety of situations. On a hectic day I introduce myself to a client and notice something is amiss. Maybe it is their body language, but maybe it is just a feeling I have, a feeling that I need to take a moment and pay more attention, even though many clients are waiting.

The other day a client was talking about her cat urinating outside the litter box and if I hadn't paid attention to her mention a visiting sister I would have completely missed a behavioral cause of dysuria. The only litter box was in the guest bedroom. The cat didn't like Sis.

We have so much to filter. Sometimes it feels like clients are spewing so much word salad. I mean, who really cares if your sister is visiting, what's wrong with your cat?

I was reminded of the importance of stopping and paying better attention when reading *Attending: medicine, mindfulness, and humanity* by Ronald Epstein. (Epstein 2017) It's a good book, but I'm only half way through and having difficulty finding time to read it, so please wait a few weeks to request it from the library so I can renew my checkout.

The quote to open chapter 2 of Epstein's book is Yogi Berra, "You can observe a lot by just watching." I can be clicking through an exam, mentioning the normal and abnormal findings to the client and there will be something the client says in an offhand manner or something about the pet that is a bit odd, not really abnormal, just a bit odd. Unless I slow down, unless I stop and pay attention, I may see, but not understand, may hear, but not listen.

It is not unusual for me to find myself all wound up, especially on a busy day. You may remember that a hallmark of burnout is too much to do without enough time. That situation of being too busy gets me all wound up. I'm sure my hypothalamic-pituitary-adrenal axis gets askew on days when one frantic situation follows another.

Sometimes I can feel the result of adrenalin kicking in. Colors are bright; edges distinct, sharp. That is a big clue that I need to stop for a moment. It makes a huge difference in my day if I will take the time to pay attention to my breath, soften my belly, and feel it bulge as I breathe in.

Sometimes it is difficult. Sometimes that first breath in goes into my chest. I feel my chest expanding and I know

I'm in a predominately sympathetic autonomic nervous system tone. Paying attention to my belly softening at that moment is imperative. When I'm in fight-or-flight the frontal lobes of my cerebral cortex are not receiving the blood flow and oxygenation necessary for me to do my best thinking.

So when I'm in a situation where I don't actually need to fight my way out to succeed and I realize I'm in fight-or-flight mode, I'd better do something right now to boost my parasympathetic autonomic nervous system tone, because I'll need to think my way out to succeed. I can't think properly when my nervous system is sending all my energy and oxygen to my major limb skeletal muscles.

Paying attention to my breath, focusing on softening my belly so it can expand when I inhale, that's the next thing to do after I stop. Stop. Breathe. Then observe. I need to pay attention to what's going on around me and inside me. What strikes me about the animal in front of me, the owner, my assistant, my associate, my self?

Is the owner showing apprehension in their body language, but they are telling me to go ahead? Maybe I need to take some time to ask about their hesitancy, really listen, and give reassurance. If I find I am angry, which, by the way, I may not realize before stopping and attending to my breath; I need to look at why, often at what boundary has been crossed. If I'm afraid I need to take a moment and contemplate that emotion before going forward. It is dangerous to forge ahead without taking a moment to contemplate.

Yes, it is important to affect change when my fight-or-flight is ramped up, but without some finesse I can take that too far and suppress all emotions, which is equally dangerous. So I've learned to stop, pay attention to my breath while softening my belly, observe, really pay attention to what is going on inside me and in front of me, and wait to act until I've had a chance to resolve what I've learned in observation.

Stop-Breathe-Observe-Act. For me it has been a useful tool. I recently included it in a presentation on tools to increase the rest-and-digest portion of the autonomic nervous system given at the Pacific Veterinary Conference. It was well received. Try it and let me know how it works for you.

## Dr. Joseph Veterinary Scholarship Winners Thank the KCVMA

Dear Dr. & Mrs. Steven Joseph,

Thank you so much for the COmpassionate Animal Care award! I feel so honored to receive this award. Learning the medicine that goes into veterinary care is always intriguing and fascinating but caring about animals is my biggest passion when it comes to veterinary medicine. Even though I enjoy science and surgery, I became a veterinarian so I can serve others by serving their pets. Veterinarians are the liaison between owners and their animals and I find that it is my duty to always have the hopes and wishes of the owner as first and foremost.

I truly enjoyed working with you and Chatsworth back in November. I still remember how friendly of a cat he was while he stayed at the hospital. My heart was heavy when I heard about his passing from Dr. Kukanich a little while after he stayed at the hospital as my patient. The card you also sent me was so heartfelt and I am glad we could both reflect on the fond memories of him knowing that he wasn't in pain anymore.

I am so excited to finally graduate and start practicing. It never ceases to amaze me how small of a community the vet world is! Not only did you know my mentor from Kansas City, Dr. Teeter, but also know Dr. Skaer, my employer and new mentor. As I shared at the Awards banquet, Skaer Veterinary Clinic in Wichita has three veterinarians on staff and I will make it four. Working at Skaer Veterinary Clinic is a dream job for me. Skaer was the first vet clinic I visited in Wichita since I was new to the area and after that no other clinic measured up. Then when she offered me the job, I immediately said yes. As Dr. Skaer already said, you should come visit the clinic sometime! The facility is new and has all top of the line amenities. If you can't tell, I am overjoyed to start working there.

Thank you again for the support and award! It means more to me that I can put in words.

Sincerely,



Madeline Sanders

Dear KCVMA,

I am writing to thank you for your contribution to my veterinary education. Your support is very much appreciated. I think I speak for all veterinary students when I write that without support and effort of caring individuals like yourselves, the transition from school to work and advanced training would be much more difficult and intimidating. Your generosity is greatly appreciated.

To tell you a bit about myself, I am a life-long Kansan, born in Hanover but having lived in multiple small towns throughout Kansas, predominantly Marysville. With steadfast support from my father, I became the first in my family to complete an undergraduate degree in 2013, obtaining a bachelor's degree in both biology and geology from Kansas State University. A lifelong interest in the natural world, combined with a growing interest in medical research, led to my entry to veterinary school. For the past four years, I have worked towards a career in comparative biomedical research, and am planning to complete a residency in either pathology or laboratory animal medicine, along with a Ph.D. My overall career goal is to contribute to both animal and human health through research. I have a specific interest in comparative oncology, and have been lucky enough to participate in summer research programs that allowed me to develop a background in this field.

As for immediate future, I plan to spend a year developing my clinical skills with animals before I move to a research-oriented training program. I am most interested in pursuing an internship position in non-human primate medicine, though any clinical opportunity will allow me to develop diagnostic and surgical skills, so I am open to joining a private practice as well.

I once again wish to express how grateful I am for your recognition and support. I, like many new veterinarians, have felt a bit of uncertainty concerning my future. But it is important to recognize that uncertainty and opportunity are two manifestations of the same phenomenon. You cannot have one without the other. Your help is important to me because it allows me to see uncertainties as the opportunities they are, and to pursue them with all my effort.

Thank you again for your support. No matter where I go in the future, I will continue to work hard to earn it..

Sincerely,



Brett Fisher | Kansas State University Class of 2017

## JULY CE

Speaker: Dr. Emily McLeod, DC, CAC, MTAA  
 Topic: Integrating Chiropractic into your Multimodal Practice Model  
 Date: Thursday, July 20, 2017  
 Time: 6:30pm – Dinner & Registration  
 7pm – Presentation  
 CE: 2 Hours (KS & MO)

Location: Pinstripes (Prairiefire)  
 13500 Nall Avenue  
 Overland Park, KS 66223



Fee: No fee to attend this event, but **RSVP is required by July 17th**. Current membership dues cover all CE.

Sponsor: MWI Animal Health | K•Laser

**ATTENDANCE IS LIMITED, BE SURE TO RSVP QUICKLY at MEMBERS.KCVMA.COM**

Dr. McLeod will be discussing a culture where more and more clients are leaning toward multi-modal care, working with chiropractors, massage therapists, physical therapists and other paraprofessionals can either enhance your practice and fulfill a need for your patients and clients, or be a complete disaster! Dr. McLeod's presentation will focus on the purpose and efficacy of chiropractic care for animals, how to find a properly credentialed and qualified chiropractor for your team, and some of the business aspects of having a chiropractor work for and with you.

A graduate of Cleveland Chiropractic College in 2000, Dr. McLeod earned both the Clinic Service and Clinic Excellence awards while completing her clinicals. She opened a family wellness center in 2001 and joyfully served hundreds of people each week with chiropractic care. In 2004 Dr. McLeod returned to school to earn her National Certification in Equine and Small Animal Chiropractic Care through the American Veterinary Chiropractic Association.

In June of 2013, Dr. McLeod left her 2-legged practice to pursue a full time animal practice, All Creatures Chiropractic, Inc. She can be found working on small animals at Green Summit Animal Clinic in Lee's Summit, MO at Excelsior Springs Animal Clinic in Excelsior Springs, MO and at Mission Road Animal Clinic in Prairie Village, KS. She sees horses at Strain Equine Services in Bonner Springs, KS and Holt Animal Clinic in Holt, MO, and coordinates farm calls with several area veterinarians. Dr. McLeod is licensed in both Kansas and Missouri.

## KCVMA EVENING AT THE T-BONES

KCVMA members had a great time May 20th at T-Bones games.



**Classifieds**

Send your classified ads to: Wanda Geis, PO Box 12468, Shawnee Mission, KS 66282-2468, or email them to [classifieds@kcvma.com](mailto:classifieds@kcvma.com). Ads must not be over 100 words in length. Classified ads will be run at the sole discretion of the editor and may be edited for content.

The Humane Society of Greater Kansas City is currently seeking veterinary technicians/assistants with Saturday availability to join our team. Candidates should be prepared to multi task and give excellent customer service and patient care in our high volume outpatient clinic. Bilingual Spanish speakers and/or individuals with previous veterinary experience are desired, but we are open to training the right person. If you are ready to join us in saving and improving the lives of cats and dogs in the Greater Kansas City area please email your resume to [walker@hsgkc.org](mailto:walker@hsgkc.org) and/or submit an application and resume at 5445 Parallel Parkway, Kansas City, KS 66104.

Atchison Animal Clinic is seeking a fulltime associate veterinarian interested in mixed animal practice. The ideal candidate is self-motivated, has excellent communication skills and is a team player. We are a progressive 4 doctor practice located in historic Atchison, Kansas. Our case load consists of approximately 50% small animal, 45% bovine and 5% equine. We pride ourselves on practicing quality medicine with excellent customer service in a friendly atmosphere. Please contact Dr. Hansen at: [chrishansendvm@gmail.com](mailto:chrishansendvm@gmail.com)

Associate Small Animal Veterinarian, Independence, Missouri- near Kansas City. Jackson County Animal Hospital has been taking care of local pets since 1913. We are a friendly, busy workplace with low staff turnover and a kind and caring approach. We see a wide variety of medical and surgical cases- guaranteed learning opportunities for experienced or new veterinarians. World-class BBQ and street tacos are close by (with great vegetarian options). Salary is commensurate with experience. Part-time or full time. If interested, please send your resume to Dr. William Bendure at: [wmb1943@gmail.com](mailto:wmb1943@gmail.com)

Emergency clinicians needed (F/T or P/T). The Animal Emergency Center is an after hours emergency clinic working with area veterinarians to provide emergency services when their clinics are closed. Open evenings, weekends and major holidays, hours are 6:00 pm to 7:30 am Monday through Friday and weekends from noon Saturday until Monday 7:30 am. Located North of the River. If you enjoy the challenge of treating the variety of cases, including those that are puzzling, thrive in an emergency setting, have compassion for pets and their owners, and welcome the opportunity to keep the pet's well being in the forefront while offering affordable treatment options, please send resume and salary requirements to [animalemergencycenter.kc@gmail.com](mailto:animalemergencycenter.kc@gmail.com). In-house lab, digital radiography, and more, plus support from a skilled staff. Possible option to purchase.

Associate needed part time for small animal clinic in Lee's Summit, MO Moderate pace, adequate equipment. Ideal candidate should be outgoing, friendly and flexible. Please direct enquiries to D. Rockmon at (816) 365-9283.